

# Peak Area Leadership in Science (PALS)

## ----- 2022-2023 PALS Hub Meetings Info -----

### Semester ONE

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**Meeting:** # 1  
**Day, Date, Time:** Saturday, August 20, 2022 8:00am - 5:30pm  
**Contact Hours:** 5 hours - 10am - 3pm  
**Food:** BYO lunch, drinks(water, soda) and snacks provided  
**Location:** Dinosaur Ridge, 16831 W Alameda Pkwy, **Morrison**, CO 80465  
Triceratops Trail, Golden CO  
**Title:** **Dinosaur Freeways, Cretaceous Seaways, and Fossil Traces in Swampy Places**  
**Presenters:** Dinosaur Ridge Staff  
**Description:** Join us on a journey to explore one of the world's most famous dinosaur fossil localities: Dinosaur Ridge ! We will begin with a visit to the Dinosaur Ridge Visitor Center and then take a bus tour where an expert guide will interpret the dinosaur tracks and bone fossils, local history, and geology seen along the Dinosaur Ridge Trail. After a byo lunch we'll travel to Golden, CO where we'll take a guided hike along the Triceratops Tracks trail. Triceratops Trail is a 1.5-mile, gravel hiking trail that winds between large, vertical walls of sandstone in old clay mining pits. The two guided tours/hikes include: Dinosaur Tracksite, Triceratops Tracks, Dinosaur Bone Quarry, Raptor Tracks, Geologic Overlook, Palm Fronds and Bird Tracks, Duckbills, Carnivores, and Raindrops

**Agenda:**

- 8:00 depart CMJHS
- 10:00 arrive at the center, visit exhibits, rest rooms.
- 10:30 depart for a 90 min tour with 2 guides to Dinosaur Ridge.
- 12:00 return to center for picnic lunch and restrooms
- 12:40 leave for Golden
- 1:00 tour (with guides) the Triceratops Trail.
- 2:30 return to bus
- 2:45 stop at center for restrooms, do evaluations and door prizes
- 3:15 depart for Colorado Springs
- 5:15 arrive at CMJHS

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**Meeting:** # 2  
**Day, Date, Time:** Thursday; September 8, 2022 4pm - 7pm  
**Contact Hours:** 2.5 hours - 4:30pm - 7:00pm  
**Food:** ½ hour light dinner provided at 4 pm, drinks (water and soda) provided  
**Location:** Vista Ridge High School, 6888 Black Forest Rd, Colorado Springs, CO 80923  
**Title:** **Exploring Connections to the Standards through Local Phenomena**  
**Presenters:** Heather Hubbard (Colorado Parks and Wildlife) and Maya Garcia (Colorado Department of Education)  
**Description:** Join Colorado Parks and Wildlife and Colorado Department of Education to learn how you can use locally available phenomena to engage students in making sense of phenomena in their local community. During the workshop, we will unpack CAS Science aligned instructional practices, and engage with the Colorado Essential Skills and Science and Engineering Practices. We will discuss media resources, and authentic data sets, and model the selection of locally relevant phenomena.

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Meeting: # 3  
Day, Date, Time: Saturday; September 17, 2022 8am - 1:30pm  
Contact Hours: 5 hours  
Food: BYO lunch - ½ hour, drinks(water, soda) and snacks provided  
Location: Sand Creek High School, 7005 N. Carefree Circle, Colorado Springs, CO 80922  
Title: **Implementing the Standards in HS Science**  
Presenters: Beth Kochevar, Andy Smith, Robin Walters, Science Teachers @ SCHS  
Description: During this workshop, participants will explore a variety of classroom approaches to address science content standards and science practices. Current high school science teachers will share how they use Argument Driven Inquiry in Chemistry, Phenomenon-based Storyline in Biology, and Modeling Curriculum in Physics/Physical Science. Educators will have the opportunity to experience lessons to get a feel for the approach and gain understanding of how lessons are structured together to make connections that facilitate sense-making by learners.

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Meeting: # 4  
Day, Date, Time: Saturday, October 1, 2022 8am - 2pm  
Contact Hours: 5 hours  
Food: 1 hour lunch on your own (BYO or go out), drinks(water, soda) and snacks provided  
Location: Falcon Homeschool Program @ the Campus, 6113 Constitution Ave, Colorado Springs, CO 80915  
Title: **Geo Maker Institute: Mapping, Making and Storytelling**  
Presenter: Heidi Ragsdale, Stem is My Future, LLC.  
Description: Participants will have a clear idea of the opportunities for classroom use of Digital StoryMaps and storytelling across the curriculum. Through this deep dive into the world of StoryMaps, educators will leave the session with resources to directly implement into their curriculum no matter the grade or STEM/GIS content. The session lesson will introduce teachers to the purpose of StoryMaps, provide access to existing Science StoryMaps, and will include direct instruction on how to build their own StoryMaps to include it in their science content delivery. Mapping tools from National Geographic and ESRI will be included. Please bring a phone with QR and/or a laptop. Session is by STEM is My Future.

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Meeting: # 5  
Day, Date, Time: Saturday, October 8, 2022 4pm - 9pm  
Contact Hours: 5 hours  
Food: BYO sack dinner - ½ hour working dinner, drinks(water, soda) and snacks provided  
Location: Mueller State Park, 21045 CO-67, Divide, CO 80814  
Title: **Wild about Elk**  
Presenters: Linda Groat (Colorado Parks and Wildlife), Martha Alvarez (Palmer High School)  
Description: Elk are an important part of many ecosystems in Colorado. In this workshop, participants will learn about ecological connections elk have with their environments, including diseases that impact this animal. The workshop will conclude with a hike that allows participants the opportunity to experience elk bugling.

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Meeting: # 6  
Day, Date, Time: Saturday, November 12, 2022 8:30am - 2pm  
Contact Hours: 5 hours  
Food: BYO lunch - ½ hour, drinks (water, soda) and snacks provided

**Location:** Sand Creek High School

**Title:** **Redesigning High School Science Investigations: to make more powerful 3-D learning experiences for students**

**Presenters:** Tim Blesse, Brandon Davis  
Teacher Professional Development Consultants, Denver Museum of Nature and Science

**Description:** With the shift to three-dimensional science teaching called for by the new state and national standards, we want our students to spend less time in class “Learning About” scientific phenomena and more time “Figuring Out” what causes them.

Using hands-on lab experiences, provides students the opportunity to use the eight practices of science and engineering to develop their own explanations for phenomena, and design their own solutions to problems. **Transforming science education into a method of discovery, not only imitates what real scientists do, but it adds a sense of student agency and ownership that “cookie-cutter” labs never did.** But the shift to this type of teaching has gotten ahead of the available curricular materials. In particular hands-on laboratory experiences seem to be lacking.

In this workshops you will be given opportunities to actively collaborate as you:

- Look at some currently existing lab experience model resources**, already designed to be phenomenon-driven and take time to start **integrating the ones you like** into your current biology courses
- Collaboratively Redesign some of your existing labs.** Most existing labs were intended to **demonstrate** a science concept or principle using a real-life phenomenon. With a little clever backward-design, we will take these labs and turn them into experiences where students **design and carry out their own investigations**, unpacking phenomena in order to discover basic biological principles.
- Learn some evidence-based principles about how to guide, rather than direct, student investigations.** Strategies like: Questioning, Building in uncertainty, Analyzing for reliability, Recognizing different types of biological questions (e.g. comparative, Correlative) The difference between experimental and nonexperimental investigations.

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**Meeting:** # 7

**Day, Date, Time:** Wednesday, November 30, 2022 4pm - 7pm

**Contact Hours:** 2.5 hours

**Food:** ½ hour light dinner provided at 4 pm, drinks (water, soda) also provided

**Location:** Colorado Parks and Wildlife classroom, 4255 Sinton Rd, Colorado Springs, CO 80907

**Title:** **Grouper Moon Project + STEM- Conservation of an endangered species using Technology**

**Presenter:** Hilary Penner, Education and Conservation Program Manager, Reef Environmental Education Foundation (REEF) [www.REEF.org](http://www.REEF.org)

**Description:** The Grouper Moon Project is a conservation science partnership between Reef Environmental Education Foundation (REEF) and the Cayman Islands Department of Environment (DoE) with scientists from Scripps Institution of Oceanography at UC San Diego and Oregon State University, aimed at studying Nassau grouper (*Epinephelus striatus*) - a social and ecological cornerstone of Caribbean's coral reefs.

Learning Outcomes:

- Confidently access and integrate NGSS aligned REEF lessons into their existing curriculum
- Provide background information to their students about Grouper Moon Project
- Share how scientists work in the field, collect data, and use scientific and engineering design process

**Agenda:** 4-4:30 Welcome and light dinner, Administrivia

4:30- 5:00	The Grouper Moon Project Slideshow for Background Information
5:00-5:45	Grades 6-8 Lesson Demonstration + STEM Challenge Information
5:45- 6:00	Break / Raffle
6:00- 6:45	High School Lesson Demonstration + Live stream Event Information
6:45-7:00	Raffle / Questions and evaluations

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Meeting:	# 8
Day, Date, Time:	Monday, December 5, 2022 4pm - 7pm
Contact Hours:	2.5 hours
Food:	½ hour light dinner provided at 4 pm, drinks (water, soda) also provided
Location:	Vista Ridge High School, 6888 Black Forest Rd, Colorado Springs, CO 80923
Title:	<b>Ute People and STEM Practices</b>
Presenters:	Rose Banzhaf, SE Environmental Education Leadership Council
Description	History Colorado has Take Out Programs that allow classes to use photographs and objects to explore stories, contributions, and changes of different communities and industries of Colorado in your classroom at your own pace. Their latest Take Out Program is how the Ute People used STEM practices. Come explore activities with focuses of water filtration, transportation, patterns in art, science for food, and engineering for shelter.

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## Semester TWO

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Meeting:	# 9										
Day, Date, Time:	<b>Saturday, 21 January 2023</b> 8:15 am - 2:00 pm										
Contact Hours:	2.5 hours										
Food:	BYO working lunch, light breakfast, drinks (water, soda) and snacks also provided										
Location:	USAFA Chemistry Department										
Title:	<b>Chemistry of Art and Color</b>										
Presenters:	Dr Jennings, Dr Kelly, Dr Jefferies, Dr Furstenau										
Description:	Join us to take a closer look at the chemistry of art and color. Participants will learn about the history of paint pigments and the chemistry behind making pigments. We will learn to analyze paint samples using a Scanning Electron Microscope and/or MALDI, an advanced mass spectrometry technique. We will learn about art restoration, making crayons, and will make our own paint pigment. Like most of the Science HUB activities at the USAF Academy, we will make sure we have something for everyone, with emphasis on middle and high school teachers. We will provide activities that (1) expand participants' knowledge base; (2) provide the opportunity to do experiments that can be used in their classrooms, either as a demonstration or as a student lab; and (3) provide the opportunity to do experiments in a research-style environment using advanced equipment.										
Topics and Agenda:	<table> <tr> <td>0815</td> <td>Meet participants on the south steps of the Cadet Field House; escort to Chemistry Conference Room (2N189)</td> </tr> <tr> <td>0815-0900</td> <td>Travel to Chemistry Conference Room, Refreshments</td> </tr> <tr> <td>0900-0915</td> <td>Introductions, admin items in Chemistry Conference Room</td> </tr> <tr> <td>0915-1000</td> <td>Presentation: "Chemistry of Pigments" - Dr Abby Jennings <i>Dr Jennings will talk about the history of paint pigments and the chemistry behind making the pigments.</i></td> </tr> <tr> <td>1015-1015</td> <td>Break, Chemistry Conference Room (2N189)</td> </tr> </table>	0815	Meet participants on the south steps of the Cadet Field House; escort to Chemistry Conference Room (2N189)	0815-0900	Travel to Chemistry Conference Room, Refreshments	0900-0915	Introductions, admin items in Chemistry Conference Room	0915-1000	Presentation: "Chemistry of Pigments" - Dr Abby Jennings <i>Dr Jennings will talk about the history of paint pigments and the chemistry behind making the pigments.</i>	1015-1015	Break, Chemistry Conference Room (2N189)
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1015-1015	Break, Chemistry Conference Room (2N189)										

- 1015-1100 Laboratory Experiments #1  
 Group A: Analyzing Paint Samples (Dr Jennings, Dr Kelly)  
 Group B: Art Restoration and Cleaning or Making Crayons (Dr Jefferies)  
 Group C: Making a Paint Pigment (Azurite; Dr Furstenau)
- 1100-1145 Laboratory Experiments #2  
 Group A: Art Restoration and Cleaning or Making Crayons  
 Group B: Making a Paint Pigment  
 Group C: Analyzing Paint Samples
- 1145-1245 Working Lunch with Presentation: "The Chemistry of Art Restoration" - Dr Jefferies or Dr Kelly
- 1245-1330 Laboratory Experiments #3  
 Group A: Making a Paint Pigment  
 Group B: Analyzing Paint Samples  
 Group C: Art Restoration and Cleaning or Making Crayons
- 1330-1400 Final wrap-up of the day's events (2N189)
- 1400 Depart chemistry area for Cadet Field House

*(Note: "Analyzing Paint Samples" will involve the use of the Scanning Electron Microscope and/or MALDI, an advanced mass spectrometry technique. Both are really cool!)*

**Meeting:** # 10  
**Day, Date, Time:** Saturday, February 4, 2023 8am - 1 pm  
**Contact Hours:** 5.0 hours  
**Food:** BYO working lunch  
**Location:** USAFA Biology Department  
**Title:** **Creating the Future: Genetic Engineering and Synthetic Biology**  
**Presenters:** USAFA iGEM Team Cadets, Vicki Morrison, Dr. Kristi McElmurry, Dr. Balboni, Mel Grogger, Catherine Jarriel, Dr. Travis Tubbs, Dr. Jordan Steel and AFRL- Dr. Hung and Dr. Sanaz, Dr. Katharine Bates

**Description:** Through a mixture of presentations and hands-on activities by the United States Air Force Academy Biology department participants will be introduced to genetic engineering and synthetic biology.

**Agenda:**

Time	Event	Activity	POC
8am	Breakfast and Introduction to Genetic Engineering	Genetic engineered bracelets	USAFA iGEM Team Cadets
8:30am	Biocementation engineering	Make Sand Molds/Castles	Vicki Morrison
9am	Nanobody Technology/Plasmids	Start transformation	Dr. Kristi McElmurry
10am	LSRC genetic engineering	Microscopes- look at algae Finish Transformation	Dr. Balboni, Mel Grogger, Catherine Jarriel
11am	Space Bioengineering (Plants and gravity)	3D scan plants	Dr. Travis Tubbs
11:30am	PFAS genetic engineering	Watch music videos	Dr. Steel and AFRL- Dr. Hung and Dr. Sanaz
12pm	Lunch/ Discussion of Genetics Education	Punnett Square Olympics!	Dr. Bates
1pm	End of the Workshop		

**Meeting:** # 11  
**Day, Date, Time:** Wednesday, February 15, 2023 4pm – 7pm  
**Contact Hours:** 2.5 hours  
**Food:** ½ hour light dinner provided at 4 pm, drinks (water, soda) also provided  
**Location:** Conservation and Environmental Center, 2855 Mesa Road  
 Mesa Conference Room - Parking in back on the east side of building  
**Title:** **Local Water Wonders: Water Education with Colorado Springs Utilities**  
**Presenter:** Birgit Landin, Community Education Specialist, Colorado Springs Utilities

**Description:** Colorado Springs Utilities supplies an average of 68 million gallons of purified water to the community every day. This program will provide an overview of our complex water system, how we treat water to make it potable including advanced treatment processes for potential future water recycling purification and introduce local teachers to the water education materials and resources available from Colorado Springs Utilities. Attendees will receive a complimentary Water Activities Teacher Resource Guide, filled with activities and lesson plans that can be easily implemented in the classroom.

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**Meeting:** # 12  
**Day, Date, Time:** Wednesday, March 1, 2023 4pm - 7pm  
**Contact Hours:** 2.5 hours  
**Food:** ½ hour light dinner provided at 4 pm, drinks (water, soda) also provided  
**Location:** Colorado Parks and Wildlife classroom, 4255 Sinton Rd, Colorado Springs, CO 80907  
**Title:** **Lionfish Invasion. Why is this an issue?**  
**Presenter:** Hilary Penner, Education and Conservation Program Manager, Reef Environmental Education Foundation (REEF), [www.REEF.org](http://www.REEF.org)

**Description:** **Invasive Lionfish Program: Human Impact, Ecological Impact and Engineering Design**  
Lionfish Invasion. Why is this an issue? Known for their show stopping appearance, venomous spines and damage to local reefs, invasive lionfish are the first non-native marine fish to become established in the Atlantic. Lionfish pose a significant threat to local marine ecosystems due to widespread predation of native species, prolific reproduction and lack of controlling predators. However, early detection and rapid removal can help control their populations and reduce their damage. REEF has been working with Federal, State, and local partners as well as divers and dive operators, public aquaria, and foreign fisheries departments to enact rapid response protocol and removals and to assist with scientific investigations related to lionfish and other non-native marine species. Join us as we explore the Invasive Lionfish Program and related REEF lessons that you can use in your classroom!

**Learning Outcomes:**

- Confidently access and integrate NGSS aligned REEF lessons into your existing curriculum
- Provide background information to their students on the Invasive Lionfish Program: Human Impact, Ecological Impact and Engineering Design
- Share how scientists work in the field, collect data, and use scientific and engineering design process

**Topics and Agenda:**

4:00 - 4:30	Welcome and light dinner, Administrivia
4:30 - 5:00	The Invasive Lionfish Project Slideshow for Background Information
5:00 - 5:45	Grades 6-8 Lesson Demonstration, Crime Fish Investigation
5:45 - 6:00	Break / Raffle
6:00 - 6:45	High School Lesson Demonstration, Research Project Sample

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**Meeting:** # 13  
**Day, Date, Time:** Wednesday, March 15, 2023 4pm - 7pm  
**Contact Hours:** 2.5 hours  
**Food:** ½ hour light dinner provided at 4 pm, drinks (water, soda) also provided  
**Location:** Sand Creek High School  
**Title:** **Conversations with a Forensic Pathologist**  
**Presenters:** Deborah G. Johnson, MD, MS, Pikes Peak Forensics, PC  
**Description:** During the first part of the presentation, participants will learn what forensic pathology is, what an autopsy is, definitions of cause and manner of death, a look at the job description of a Coroner or Medical Examiner, how it's determined who gets an autopsy, what is a death certificate and how it's filled out. The second part of the presentation will focus on an actual case study involving a patient where participants will learn about the effects of opioids and fentanyl on the body and problems that can arise when using naloxone for overdose reversal.

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Meeting: # 14  
Day, Date, Time: Saturday, April 15, 2023 8:00 am - 1:30 pm  
Contact Hours: 5.0 hours  
Food: BYO lunch - ½ hour, drinks (water, soda) also provided  
Location: UCCS, Dept of Chemistry and Biochemistry  
Title: **Continuing chemistry and biochemistry education at UCCS: focused teaching and research at an undergraduate-centered regional university**  
Presenters: [Linda Cummings](mailto:lcumming@uccs.edu) (lcumming@uccs.edu)  
Description: Join us as we explore the teaching and research capabilities of the Department of Chemistry & Biochemistry at UCCS. You will learn more about the student-centered, active learning teaching environment at this small school that prioritizes student success, and examine the undergraduate-led research the UCCS faculty are completing in the areas of analytical chemistry (whiskey flavor-profile analysis, “forever chemical” analysis in Fountain Creek), physical chemistry (nanotechnology with carbon nanotubes), and biochemistry (DNA, protein, and membrane structure analysis). Among the highlights will be tours of the technological resources available to undergrads, hands-on laboratory experiences, and one-on-one discussions with Chemistry/Biochemistry faculty and current students. Come explore how local high school teachers can benefit from collaborative interactions with UCCS.

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Meeting: # 15  
Day, Date, Time: Saturday, April 29, 2023 8am - 1:30pm  
Contact Hours: 5.0 hours  
Food: BYO lunch - ½ hour, drinks (water, soda) also provided  
Location: Fountain Creek Nature Center, 320 Peppergrass Ln, Fountain, CO 80817  
Title: **Birds Galore**  
Presenters: Staff, Fountain Creek Nature Center  
Description: Fountain Creek Nature Center is a home, even if just a temporary one, for many birds in the Pikes Peak Region. Come join us at this workshop to learn about the birds and how they interact with the local ecosystems. Explore topics including “birding 101”, raptors in the Pikes Peak region, bird flu, effects of light pollution on bird migration, and opportunities for citizen science participation focused on birds.